



Central Coast Baseball School

Little League Baseball -Coaching Clinic



This clinic is for all Little League managers and coaches. How to bring out the best in every player and have fun doing it!

The clinic will be hosted by Joseph Allegri

- Head Baseball Varsity Coach at Harbor High for 16 years
- Baseball camp instructor (ages 6-14 years old) for 25+ years

Coaching Clinic Agenda Covers:

- Coaching philosophy for younger players
- How to run a practice (warm up and down time)
- How to develop player skills/season plan for players/teams
- Techniques to keep players engaged and excited
- Mental performance techniques
- Q & A's

Costs and What's Included:

- Early bird: \$300 per league or \$350 per league day of clinic
- A coaching handbook for every coach/person who attends
- Coffee and donuts
- Invitations to watch or attend a Harbor High Baseball practice with your team

When and Where:

- **Sunday, February 26th, 2023 from 9:30 am-11:30 am**
- At the Harbor High Baseball Field bleachers (Parking on La Fonda Ave.)

Please make checks out to: **Central Coast Baseball School**

Mail to:

**Joseph Allegri
300 La Fonda Ave.
Santa Cruz, Ca 95062**

****Please let me know how many coaches/managers will be attending prior to event.****

Questions: Please contact Joseph Allegri at 831-359-0231 or scwalkoff@yahoo.com